

Developmental Milestones

Birth - 2 Years

BIRTH - 4 MONTHS

- Raises head and trunk (1 - 3 mo)
- Rolling from stomach to back (4 mo)
- Alerts to sound (2 mo)
- Trouble feeding
- Lack of response to sound or visual stimuli
- Differences between right and left sides of body in strength, movement, or tone (floppy or stiff and tense)

5 - 7 MONTHS

- Independent prop sitting (5 mo)
- Independent upright sitting (6 - 7 mo)
- Babbling (5 mo)
- Does not smile or interact with people
- Not starting to babble (e.g. aahh; oohh)
- Not reaching for and holding/grasping toys
- Hands frequently clenched
- Not holding head and shoulders up with good control when lying on tummy

9 - 16 MONTHS

- Crawling on hands and knees (9 - 12 mo)
- Standing on stable surface and walking along furniture (10 mo)
- Independent walking (12 - 15 mo)
- Climbing up stairs (14 - 15 mo)
- Uses 3 - 5 words (15 mo)
- Not using gestures
- Does not hold objects
- Not sitting independently without support or crawling
- No response to familiar words (e.g. bottle)
- Does not feed self; finger foods, or hold own bottle/cup
- Not pulling to stand independently and holding on for support

18 - 24 MONTHS

- Walking backwards (18 mo)
- Walking down stairs with one hand support (18 - 20 mo)
- Running (18 - 24 mo)
- Kicking a ball (19 - 24 mo)
- Walking up stairs independently with one or both feet on each step (23 - 24 mo)
- Speaks in two-word combinations (24 mo)
- Lack of interest in playing with toys and interacting with others
- Not speaking or learning new words
- Not able to understand short requests
- Not able to walk independently
- Does not attempt to feed self using a spoon and/or help with dressing

Red text = Red flags that need to be further investigated. Contact your provider for more information.